

(Constituted in the Republic of Singapore pursuant to a Trust Deed dated 12 July 2007 (as amended))

PARKWAY LIFE REAL ESTATE INVESTMENT TRUST 2019 THIRD QUARTER UNAUDITED FINANCIAL STATEMENT & DISTRIBUTION ANNOUNCEMENT

INTRODUCTION

Parkway Life Real Estate Investment Trust ("Parkway Life REIT") is a real estate investment trust constituted by the Trust Deed entered into on 12 July 2007 (as amended) between Parkway Trust Management Limited as the Manager and HSBC Institutional Trust Services (Singapore) Limited as the Trustee. Parkway Life REIT was listed on the Singapore Exchange Securities Trading Limited ("SGX-ST") on 23 August 2007 ("Listing Date").

Parkway Life REIT is one of the largest listed healthcare REITs in Asia by asset size. It was established to invest primarily in income-producing real estate and/or real estate-related assets in the Asia-Pacific region (including Singapore) that are used primarily for healthcare and/or healthcare-related purposes (including but not limited to, hospitals, healthcare facilities and real estate and/or real estate assets used in connection with healthcare research, education, and the manufacture or storage of drugs, medicine and other healthcare goods and devices), whether wholly or partially owned, and whether directly or indirectly held through the ownership of special purpose vehicles whose primary purpose is to own such real estate. In Singapore, Parkway Life REIT owns the largest portfolio of private hospitals comprising Mount Elizabeth Hospital, Gleneagles Hospital, and Parkway East Hospital (collectively, the "Singapore Hospital Properties").

In Japan, Parkway Life REIT owns one pharmaceutical product distributing and manufacturing facility in Chiba Prefecture, as well as 45 high quality nursing home and care facility properties located in various prefectures of Japan (collectively, the "Japan Properties").

As at 30 September 2019, Parkway Life REIT owns a well-diversified portfolio of 50 properties located in the Asia-Pacific region, including three hospitals in Singapore, 46 healthcare and healthcare-related assets in Japan and strata titled units/lots in MOB Specialists Clinics, Kuala Lumpur, Malaysia. Its total portfolio size stands at approximately S\$1.88 billion as at 30 September 2019.

Parkway Life REIT's policy is to distribute at least 90% of its taxable income and net overseas income, with the actual level of distribution to be determined by the Manager. An amount of S\$3.0 million is retained for capital expenditure on existing properties each year.

SUMMARY OF PARKWAY LIFE REIT'S RESULTS FOR THE NINE MONTHS ENDED 30 SEPTEMBER 2019

		YTD 3Q 2019	YTD 3Q 2018	Incre	ase
	Notes	S\$'000	S\$'000	S\$'000	%
Gross Revenue		87,183	84,269	2,914	3.5
Net Property Income		80,902	78,683	2,219	2.8
Total Distributable Income to Unitholders	(a)	59,577	58,048	1,529	2.6
Distribution per unit (cents)	(b)	9.85	9.59	0.26	2.6
Annualised distribution per unit (cents)		13.13	12.79	0.34	2.6
Distribution yield (%), based on - Closing market price of S\$3.13 as at 30 September 2019		4.19	4.09		2.6

- (a) Net of amount retained for capital expenditure on existing properties, amounting to S\$3.0 million each year.
- (b) In computing the Distribution per Unit ("DPU"), the number of units in issue as at the end of each period is used.

1(a) Statement of Total Return (for the group), together with a comparative statement for the corresponding period of the immediately preceding financial year

Consolidated Statement of Total Return

	Notes	3Q 2019 S\$'000	3Q 2018 S\$'000	Inc/ (Dec) %	YTD 3Q 2019 S\$'000	YTD 3Q 2018 S\$'000	Inc/ (Dec) %
Gross revenue		29,929	28,395	5.4	87,183	84,269	3.5
Property expenses		(2,376)	(1,874)	26.8	(6,281)	(5,586)	12.4
Net property income		27,553	26,521	3.9	80,902	78,683	2.8
Management fees Trust expenses Net foreign exchange (loss)/gain Interest income Finance costs Non-property expenses	(a) (b) (c)	(3,019) (842) (84) 2 (1,547) (5,490)	(2,869) (1,015) 95 4 (1,699) (5,484)	5.2 (17.0) n.m. ¹ (50.0) (8.9) 0.1	(8,857) (2,309) 103 8 (4,904) (15,959)	(8,504) (2,439) 717 4 (5,083) (15,305)	4.2 (5.3) (85.6) 100.0 (3.5) 4.3
Total return before changes in fair value of financial derivatives		22,063	21,037	4.9	64,943	63,378	2.5
Net change in fair value of financial derivatives	(d)	(1,324)	1,568	n.m.	(1,666)	(1,005)	65.8
Total return for the period before tax and distribution		20,739	22,605	(8.3)	63,277	62,373	1.4
Income tax expense	(e)	(2,036)	(1,776)	14.6	(5,875)	(5,359)	9.6
Total return for the period after tax before distribution		18,703	20,829	(10.2)	57,402	57,014	0.7

- (a) Management fees comprise Manager's management fees and asset management fees payable to the asset managers of the Japan Properties.
- (b) Trust expenses comprise mainly of Trustee's fees, professional fees and travelling expenses.
- (c) Finance costs largely consist of interest expense on loans, settlement on interest rate swaps that provide fixed rate funding on loans and amortisation of transaction costs of establishing debt facilities.
- (d) The Group entered into foreign currency forward contracts to hedge its net foreign income from Japan. The changes in fair value of the foreign currency forward contracts were recognised in Statement of Total Return.
- (e) Included in 3Q 2019 income tax expense is the withholding tax of S\$1.3 million (3Q 2018: S\$1.1 million) and deferred tax of S\$0.7 million (3Q 2018: S\$0.6 million) in respect of the Japan investment properties for the temporary differences between the fair value and the tax written down value at the applicable tax rate.

¹ The term "n.m." used throughout the financial statement and distribution announcement denotes "not meaningful".

Distribution Statement

	Notes	3Q 2019 S\$'000	3Q 2018 S\$'000	Inc/ (Dec) %	YTD 3Q 2019 S\$'000	YTD 3Q 2018 S\$'000	Inc/ (Dec) %
Total return after tax before distribution		18,703	20,829	(10.2)	57,402	57,014	0.7
Non-tax deductible/(non-taxable) items:							
Trustee's fees		82	78	5.1	240	231	3.9
Amortisation of transaction costs relating to debt facilities		147	205	(28.3)	537	516	4.1
Net change in fair value of financial derivatives		1,324	(1,568)	n.m.	1,666	1,005	65.9
Foreign exchange loss/(gain)		22	24	(8.3)	(16)	(462)	(96.5)
Temporary differences	(a)	696	637	9.3	2,112	1,908	10.7
Others		(308)	96	n.m.	(114)	91	n.m.
Net effect of non-tax deductible/(non-taxable) items		1,963	(528)	n.m.	4,425	3,289	34.5
Rollover adjustment	(b)	-	-	-	-	(5)	n.m.
Amount available for distribution to Unitholders		20,666	20,301	1.8	61,827	60,298	2.5
Amount retained for capital expenditure	(c)	(750)	(750)	-	(2,250)	(2,250)	
Distributable income to Unitholders	(d)	19,916	19,551	1.9	59,577	58,048	2.6

- (a) This relates to deferred tax expense provided for the temporary difference between the fair value and the tax written down value at the applicable income tax rate in respect of the Japan investment properties.
- (b) The rollover adjustment in 2018 represented the difference between the taxable income previously distributed and the quantum finally agreed with the Inland Revenue Authority of Singapore ("IRAS") for the Year of Assessment 2017 and had been adjusted under the rollover mechanism agreed with the IRAS.
- (c) An amount of S\$3.0 million is retained for capital expenditure on existing properties each year.
- (d) Parkway Life REIT's distribution policy is to distribute at least 90% of its taxable income and net overseas income, with the actual level of distribution to be determined at the Manager's discretion.

1(b)(i) Statement of financial position (for the issuer and group), together with a comparative statement as at the end of the immediately preceding financial year

	Notes	Group 30/09/19 S\$'000	Group 31/12/18 S\$'000	Trust 30/09/19 S\$'000	Trust 31/12/18 S\$'000
Current assets					
Trade and other receivables		12,401	11,211	10,406	10,170
Financial derivatives		10	44	10	44
Cash and cash equivalents		32,286	22,102	266	1,004
		44,697	33,357	10,682	11,218
Non-current assets					
Investment properties	(a)	1,884,591	1,860,534	1,169,363	1,160,400
Interests in subsidiaries	. ,	-	-	578,031	582,106
Financial derivatives		-	237	-	237
Total assets		1,929,288	1,894,128	1,758,076	1,753,961
Current liabilities Financial derivatives Trade and other payables Current portion of security deposits Loans and borrowings	(b)	5,864 20,179 985 87,604	352 20,799 1,000	5,864 12,604 - 87,604	352 13,858 43 -
Provision for taxation		-	2	-	-
Non-current liabilities Financial derivatives Non-current portion of security deposits		114,632 4,138 20,037	22,153 4,002 19,442	106,072 4,138 -	14,253 4,002 -
Loans and borrowings Deferred tax liabilities	(c)	627,730 32,048	683,183 28,955	627,730	683,183 -
Total liabilities		798,585	757,735	737,940	701,438
Net assets		1,130,703	1,136,393	1,020,136	1,052,523
Represented by: Unitholders' funds		1,130,703	1,136,393	1,020,136	1,052,523
Total equity		1,130,703	1,136,393	1,020,136	1,052,523

- (a) The increase in investment properties was due to the appreciation of the Japanese Yen and capital expenditure incurred on existing assets.
- (b) The increase in current term borrowings was mainly due to reclassification of S\$75.2 million revolving credit facility, maturing in September 2020, from long term borrowings and drawdown of short term loan facility for working capital purposes. Notwithstanding the net current liabilities position, based on the Group's existing financial resources, the Group believes that it will be able to refinance its borrowings and meet its current obligations as and when they fall due.
- (c) The decrease in long term borrowings was mainly due to reclassification of S\$75.2 million revolving credit facility to current term borrowings and partially offset by drawdown of long term revolving credit facility for working capital purposes and the appreciation of the Japanese Yen.

1(b)(ii) Aggregate amount of borrowings

	Group 30/09/19 S\$'000	Group 31/12/18 S\$'000	Trust 30/09/19 S\$'000	Trust 31/12/18 S\$'000
Unsecured gross borrowings				
Amount repayable within one year	87,681	-	87,681	-
Amount repayable after one year	629,294	684,722	629,294	684,722
Less: Transaction costs in relation to the term				
loan and revolving credit facilities	(1,641)	(1,539)	(1,641)	(1,539)
	715,334	683,183	715,334	683,183

Parkway Life REIT has a Baa2 issuer rating, as well as a provisional (P)Baa2 senior unsecured rating to the S\$500 million Multicurrency Debt Issuance Programme (the "Debt Issuance Programme") by Moody's, with Stable Outlook.

Parkway Life REIT's gearing was 37.2% as at 30 September 2019, within the 45% limit allowed under the Monetary Authority of Singapore's Property Funds Appendix.

(a) **Details of borrowings and collateral**

Unsecured Borrowings

As at 30 September 2019, the total credit facilities drawn of JPY27,598 million (approximately S\$353.3 million²) and S\$125.0 million (the "**Long Term Facilities**") were committed, unsecured and rank *pari passu* with all the other present and future unsecured debt obligations of Parkway Life REIT.

Interest on the Long Term Facilities is subjected to re-pricing on a monthly or quarterly basis or any other interest period as mutually agreed between the lenders and the Group, and is based on the relevant floating rate plus a margin.

In 3Q 2019, one of the Long Term Facilities amounting to S\$75.2 million was reclassified to current term borrowings due to its maturity within the next 12 months.

In addition, Parkway Life REIT has two unsecured and uncommitted short term multi-currency facilities ("**Uncommitted Short Term Facilities**") amounting to S\$120 million for general working capital purposes. As at 30 September 2019, the Group has drawn down JPY976 million (approximately S\$12.5 million²) over one to three months via the Uncommitted Short Term Facilities, at the bank's cost of fund.

Unsecured Debt Issuance

Parkway Life REIT, through its wholly-owned subsidiary, Parkway Life MTN Pte Ltd (the "MTN Issuer"), has put in place a S\$500 million Multicurrency Debt Issuance Programme to provide Parkway Life REIT with the flexibility to tap various types of capital market products including issuance of perpetual securities when needed.

Under the Debt Issuance Programme, the MTN Issuer is able to issue notes while HSBC Institutional Trust Services (Singapore) Limited (in its capacity as trustee of Parkway Life REIT) (the "Parkway Life REIT Trustee") is able to issue perpetual securities.

The notes shall constitute direct, unconditional, unsecured and unsubordinated obligations of the respective issuer ranking *pari passu*, without any preference or priority among themselves, and *pari passu* with all other present and future unsecured obligations (other than subordinated obligations and priorities created by law) of the respective issuer. All sums payable in respect of the notes issued by the MTN Issuer are unconditionally and irrevocably guaranteed by Parkway Life REIT Trustee.

² Based on exchange rate of S\$1.28 per JPY100 as at 30 September 2019.

The liability of the trustee shall be limited to the assets of Parkway Life REIT over which the trustee has recourse.

As at 30 September 2019, there were three series of outstanding fixed rate notes issued under the Debt Issuance Programme amounted to JPY11,800 million (approximately S\$151.0 million²).

(b) Interest Rate Swaps and Foreign Currency Forwards

For the financing facilities put in place for the acquisitions of investment properties in Japan, the Group has entered into various interest rate swaps and fixed rate cross currency swap to hedge the floating rate loans.

The appropriate hedge accounting treatment is applied to the interest rate swaps and fixed rate cross currency swap whereby the effective portion of changes in the fair value are recognised directly in Unitholders' funds. To the extent that the hedge is ineffective, such differences are recognised in the Statement of Total Return.

The Group has also entered into foreign currency forward contracts to hedge the net foreign income from Japan. As at 30 September 2019, the Group has in place Japanese Yen forward contracts till 1Q 2024. This enhances the stability of distribution to Unitholders.

The changes in fair value of the foreign currency forward contracts were recognised in the Statement of Total Return.

1(c) Statement of cash flows (for the group), together with a comparative statement for the corresponding period of the immediately preceding financial year

	Notes	3Q 2019 S\$'000	3Q 2018 S\$'000	YTD 3Q 2019 S\$'000	YTD 3Q 2018 S\$'000
Operating activities					
Total return before tax and distribution		20,739	22,605	63,277	62,373
Adjustments for					
Interest income		(2)	(4)	(8)	(4)
Finance costs		1,547	1,699	4,904	5,083
Net change in fair value of financial derivatives		1,324	(1,568)	1,666	1,005
Operating income before working capital changes		23,608	22,732	69,839	68,457
changes					
Changes in working capital					
Trade and other receivables		(1,338)	(1,038)	(1,168)	(555)
Trade and other payables		1,663	1,613	(608)	(551)
Security deposits		(43)	-	(69)	583
Cash generated from operations Income tax paid		23,890 (1,265)	23,307 (1,221)	67,994 (3,691)	67,934 (3,465)
Cash flows generated from operating	(a)	(1,203) 22,625	22,086	64,303	64,469
activities	(a)	22,023	22,000	04,303	04,403
Investing activities					
Interest received		2	4	8	4
Capital expenditure on investment properties	<i>a</i> >	(1,618)	(1,167)	(6,680)	(4,751)
Cash outflow on purchase of investment properties (including acquisition related costs)	(b)	-	-	-	(20,860)
Cash flows used in investing activities	(C)	(1,616)	(1,163)	(6,672)	(25,607)
	(0)	(1,010)	(1,100)	(0,072)	(20,007)
Financing activities					
Interest paid		(1,281)	(1,516)	(4,235)	(4,606)
Distribution to Unitholders		(19,784)	(19,299)	(59,472)	(58,927)
Proceeds from notes issuance		-	-	-	43,190
Proceeds from borrowings Repayment of borrowings		23,716 (21,465)	84,682 (83,387)	159,843 (143,530)	201,365 (212,527)
Borrowing costs paid		(21,400)	(178)	(143,330)	(616)
Cash flows used in financing activities	(d)	(18,814)	(19,698)	(48,033)	(32,121)
Net increase in cash and cash equivalents		2,195	1,225	9,598	6,741
Cash and cash equivalents at beginning of		29,309	31,383	21,832	25,462
the period Effects of exchange differences on cash		504	(860)	578	(455)
balances		504	(000)	570	(400)
Cash and cash equivalents at end of the		32,008	31,748	32,008	31,748
period ³		•	•		

³ Cash and cash equivalents at the respective period end exclude a cash deposit of JPY21.7 million (approximately S\$0.28 million and S\$0.26 million as at 30 September 2019 and 30 September 2018 respectively) placed with the Group by a vendor, for the purpose of Rental Income Guarantee.

- (a) The higher cash flows from operating activities in 3Q 2019 was mainly due to higher rent from the Singapore properties and one-off receipt of insurance reimbursement from certain Japanese assets.
- (b) Net cash outflow on purchase of investment properties (including acquisition related costs) was as follows:

	3Q 2019 S\$'000	3Q 2018 S\$'000	YTD 3Q 2019 S\$'000	YTD 3Q 2018 S\$'000
Investment properties	-	-	-	18,450
Acquisition related costs	-	-	-	2,410
Net cash outflow/Cash consideration paid	-	-	-	20,860

- (c) The cash flows in investing activities in 3Q 2019 was mainly due to payment of capital expenditure on existing properties.
- (d) The cash flows in financing activities in 3Q 2019 was mainly due to payment of 2Q 2019 distribution to Unitholders.

1(d)(i) Statement of changes in Unitholders' funds

	Notes	Group 3Q 2019 S\$'000	Group 3Q 2018 S\$'000	Group YTD 3Q 2019 S\$'000	Group YTD 3Q 2018 S\$'000
Unitholders' funds at beginning of period		1,133,747	1,059,740	1,136,393	1,065,340
Operations					
Total return after tax		18,703	20,829	57,402	57,014
Translation transactions Net movement in foreign currency translation reserve	(a)	(2,113)	2,484	(3,973)	(1,714)
Hedging reserve Net movement in hedging reserve	(b)	150	341	353	2,382
Unitholders' transactions Distribution to Unitholders		(19,784)	(19,299)	(59,472)	(58,927)
Unitholders' funds at end of period		1,130,703	1,064,095	1,130,703	1,064,095

	Notes	Trust 3Q 2019 S\$'000	Trust 3Q 2018 S\$'000	Trust YTD 3Q 2019 S\$'000	Trust YTD 3Q 2018 S\$'000
Unitholders' funds at beginning of period		1,037,229	994,184	1,052,523	1,026,098
Operations Total return after tax		2,541	32,385	26,732	38,058
Hedging reserve Net movement in hedging reserve	(b)	150	341	353	2,382
Unitholders' transactions Distribution to Unitholders		(19,784)	(19,299)	(59,472)	(58,927)
Unitholders' funds at end of period		1,020,136	1,007,611	1,020,136	1,007,611

- (a) Foreign currency translation reserve encompasses the exchange differences arising from the translation of the financial statements of the foreign operations, as well as the effective portion of any currency differences arising from hedges of net investments in foreign operations.
- (b) Hedging reserve comprises the effective portion of the cumulative net change in the fair value of cash flow hedging instruments used to hedge against cash flow variability arising from interest payments on floating rate loans.

1(d)(ii) Details of any changes in the units

	3Q	3Q	YTD 3Q	YTD 3Q
	2019	2018	2019	2018
	'000	'000	'000	'000
Units in issue at beginning and at end of period	605,002	605,002	605,002	605,002

2 Whether the figures have been audited or reviewed, and in accordance with which auditing standard or practice.

The figures have not been audited or reviewed by our auditors.

3 Where the figures have been audited or reviewed, the auditors' report (including any qualifications or emphasis of matter).

Not Applicable.

4 Whether the same accounting policies and methods of computation as in the issuer's most recently audited annual financial statements have been applied.

Except as disclosed in paragraph 5 below, the accounting policies and methods of computation applied in the financial statements for the current reporting period are consistent with those disclosed in the audited financial statements for the year ended 31 December 2018.

5 If there are any changes in the accounting policies and methods of computation, including any required by an accounting standard, what has changed, as well as the reasons for, and the effect of, the change.

The Group adopted a number of new standards, amendments to standards and interpretations that are effective for annual periods beginning on or after 1 January 2019. The adoption of new standards, amendments to standards and interpretations did not result in any significant impact on the financial statements of the Group.

6 Earnings per unit ("EPU") and distribution per unit ("DPU") for the period

	Notes	3Q 2019 '000	3Q 2018 '000	YTD 3Q 2019 '000	YTD 3Q 2018 '000
Number of units in issue at end of period		605,002	605,002	605,002	605,002
Weighted average number of units for the period	(a)	605,002	605,002	605,002	605,002
Earnings per unit in cents (basic and diluted) (EPU)		3.09	3.44	9.49	9.42
Applicable number of units for calculation of DPU	(b)	605,002	605,002	605,002	605,002
Distribution per unit in cents (DPU)		3.30	3.23	9.85	9.59

Note(s):

- (a) In calculating EPU, the total return for the period after tax, and the weighted average number of units issued as at the end of each period is used. The diluted EPU is the same as the basic EPU as there are no dilutive instruments in issue during the period.
- (b) In computing DPU, the number of units in issue as at the end of each period is used.

7 Net asset value per unit and net tangible asset per unit based on units issued at the end of the period

	Notes	Group 30/09/19 S\$	Group 31/12/18 S\$	Trust 30/09/19 S\$	Trust 31/12/18 S\$
Net asset value ("NAV") per unit	(a)	1.87	1.88	1.69	1.74
Adjusted NAV per unit (excluding the distributable income)		1.84	1.85	1.65	1.71
Net tangible asset per unit	(a)	1.87	1.88	1.69	1.74

Note(s):

(a) Net asset value per unit and net tangible asset per unit is calculated based on the number of units in issue as at the respective period end.

8 Review of the performance

	3Q	3Q	Inc/	YTD 3Q	YTD 3Q	Inc/
	2019 S\$'000	2018 S\$'000	(Dec) %	2019 S\$'000	2018 S\$'000	(Dec) %
0		-				
Gross revenue	29,929	28,395	5.4	87,183	84,269	3.5
Property expenses	(2,376)	(1,874)	26.8	(6,281)	(5,586)	12.4
Net property income	27,553	26,521	3.9	80,902	78,683	2.8
Management fees	(3,019)	(2,869)	5.2	(8,857)	(8,504)	4.2
Trust expenses	(842)	(1,015)	(17.0)	(2,309)	(2,439)	(5.3)
Net foreign exchange (loss)/gain	(84)	95	n.m.	103	717	(85.6)
Interest income	2	4	(50.0)	8	4	100.0
Finance costs	(1,547)	(1,699)	(8.9)	(4,904)	(5,083)	(3.5)
Non-property expenses	(5,490)	(5,484)	0.1	(15,959)	(15,305)	4.3
Total return before changes in fair value	22,063	21,037	4.9	64,943	63,378	2.5
of financial derivatives						
Net change in fair value of financial derivatives	(1,324)	1,568	n.m.	(1,666)	(1,005)	65.8
Total return for the period before tax	20,739	22,605	(8.3)	63,277	62,373	1.4
and distribution	·		. ,			
Income tax expense	(2,036)	(1,776)	14.6	(5,875)	(5,359)	9.6
Total return for the period after tax	18,703	20,829	(10.2)	57,402	57,014	0.7
before distribution	,			·		
Net effect of non-tax deductible/(non-	1,963	(528)	n.m.	4,425	3,289	34.5
taxable) items		. ,				
Rollover adjustment	-	-	-	-	(5)	n.m.
Amount available for distribution to	20,666	20,301	1.8	61,827	60,298	2.5
Unitholders						
Amount retained for capital expenditure	(750)	(750)	-	(2,250)	(2,250)	-
Distributable income to Unitholders	19,916	19,551	1.9	59,577	58,048	2.6
Distribution per Unit (cents)	3.30	3.23	1.9	9.85	9.59	2.6
Annualised Distribution per Unit (cents)	13.20	12.92	1.9	13.13	12.79	2.6

3Q 2019 Vs 3Q 2018

Gross revenue for 3Q 2019 was higher than 3Q 2018 by S\$1.5 million mainly due to higher rent from the Singapore properties, and appreciation of the Japanese Yen. Included in this quarter's revenue was an oneoff insurance proceeds for the reimbursement of property repair expenses incurred by certain Japanese properties in the same quarter which accounted for higher property expenses in 3Q 2019. In addition, Parkway East Hospital's adjusted hospital revenue for the 12th year lease (23 August 2018 to 22 August 2019) has outperformed its minimum guaranteed rent, contributing to the increase in revenue.

After deducting property expenses, we have achieved a net property income of S\$27.6 million for 3Q 2019, which was S\$1.0 million higher than 3Q 2018.

The increase in management fees was mainly due to higher deposited property value arising from valuation gains on the existing property portfolio.

Trust expenses were lower than 3Q 2018 due to lower professional fees incurred for 3Q 2019. In the same period, the Group has recognised a realised foreign exchange loss of about S\$63,000 from the delivery of quarterly Japanese Yen forward contracts to hedge the net income from Japan.

Finance costs have decreased due to finance cost savings arising from the refinancing initiatives completed in 2018 and 1Q 2019 partially offset by the rising interest costs for the Singapore dollars debts and appreciation of the Japanese Yen. Lower finance costs in 3Q 2019 were further attributed by the maturity of two interest rate swaps. The Group put in place derivative financial instruments in early October 2019 to manage the interest rate exposure.

Overall, distribution per unit (DPU) of 3.30 cents for 3Q 2019 has outperformed by 1.9% or 0.07 cents as compared to 3Q 2018, mainly led by rental growth of existing properties and financing cost savings.

YTD 3Q 2019 Vs YTD 3Q 2018

Gross revenue for YTD 3Q 2019 has increased by 3.5% year-on-year to S\$87.2 million. The growth was largely attributed to revenue contribution from the Japan property acquisition in February 2018, higher rent from the existing properties and appreciation of the Japanese Yen. Revenue for the year also included one-off insurance proceeds for the reimbursement of property repair expenses incurred by certain Japanese properties during the year.

Property expenses for YTD 3Q 2019 were S\$6.3 million or 12.4% higher than YTD 3Q 2018 due to higher property repair expenses. The result was a net property income of S\$80.9 million for YTD 3Q 2019, which was S\$2.2 million higher than YTD 3Q 2018.

The Manager's management fees for YTD 3Q 2019 of S\$8.9 million was 4.2% higher than YTD 3Q 2018. This was due to higher deposited property value and higher net property income as explained earlier, and appreciation of the Japanese Yen.

Finance costs have decreased mainly due to finance cost savings arising from the refinancing initiatives which took place in 2018 and 1Q 2019. The finance cost savings were partially offset by the rising interest costs for the Singapore dollars debts, higher amortisation of transaction costs due to one-off expense of the remaining un-amortised costs for the debt facilities that were refinanced in 1H 2019 and appreciation of the Japanese Yen. Trust expenses for YTD 3Q 2019 were lower than YTD 3Q 2018 due to lower professional fees incurred during the period.

Of the net foreign exchange movement, the Group had registered a realised foreign exchange gain amounting to about S\$87,000 and S\$256,000 from the delivery of Japan net income hedges in YTD 3Q 2019 and YTD 3Q 2018 respectively.

Overall, annualised DPU for YTD 3Q 2019 of 13.13 cents has outperformed by 2.6% or 0.34 cents as compared with YTD 3Q 2018's DPU of 12.79 cents, mainly led by acquisition, rental growth of existing properties and financing cost savings.

9 Review of the performance against Forecast/Prospect Statement

Not Applicable.

10 Commentary on the significant trends and competitive conditions of the industry in which the group operates and any known factors or events that may affect the group in the next reporting period and the next 12 months.

The long-term outlook of the industry continues to be driven by aging population and demand for better quality healthcare and aged care services. As such, Parkway Life REIT continues to evaluate opportunities to create Unitholders' value. Notwithstanding that, Parkway Life REIT remains cautious and vigilant given the current uncertainties in the macro economy and volatility in the financial market.

Parkway Life REIT's portfolio of 50 high-quality healthcare and healthcare-related assets places it in a good position to benefit from the resilient growth of the healthcare industry in the Asia Pacific region. Also, the portfolio is largely supported by favourable rental lease structures, where at least 95% of its Singapore and Japan portfolios have downside revenue protection and 60% of the total portfolio is pegged to CPI-linked revision formula, ensuring steady rental growth whilst protecting revenue stability amid uncertain market conditions.

In addition, Parkway Life REIT adopts prudent financial risk management to manage the exposure to interest rate risk and foreign currency risk. Interest rate risk is managed on an ongoing basis by largely hedging long-term committed borrowings using interest rate hedging financial instruments or issuance of fixed rate notes. This strengthens Parkway Life REIT's resilience against potential interest rate hikes. Foreign currency risk is managed by adopting a natural hedge strategy for the Japanese investments to maintain a stable net asset value and putting in place Japanese Yen forward contracts to shield against Japanese Yen currency volatility.

11 Distributions

(a) Current financial period

Any distributions declared for the current financial period: Yes

Name of distribution: Third quarter distribution for the period from 1 July 2019 to 30 September 2019

Distribution Type	Distribution Rate (cents per unit)
Taxable Income	2.34
Exempt Income	0.44
Capital Distribution	0.52
Total	3.30

Par value of units: Not meaningful

Tax rate: Taxable Income Distribution

Qualifying Unitholders and individuals (other than those who hold their units through a partnership in Singapore or from the carrying on of a trade, business or profession) will generally receive pre-tax distributions. Individuals who derive any distribution through a partnership in Singapore or from the carrying on of a trade, business or profession will be taxed at the individual's tax rates. Qualifying non-resident non-individual Unitholders or foreign funds will receive their distributions after deduction of tax at the rate of 10%.

All other Unitholders will receive their distributions after deduction of tax at the rate of 17%.

Exempt Income Distribution

Tax-exempt income distribution is exempt from Singapore income tax in the hands of all Unitholders.

Capital Distribution

Capital distribution represents a return of capital to Unitholders for Singapore tax purposes and is therefore not subject to income tax. For Unitholders who hold the Units as trading assets, the amount of capital distribution will be applied to reduce the cost base of their Units for the purpose of calculating the amount of taxable trading gains arising from the disposal of the Units.

(b) Corresponding period of the immediately preceding year

Any distributions declared for the previous corresponding financial period: Yes

Name of distribution: Third quarter distribution for the period from 1 July 2018 to 30 September 2018

Distribution Type	Distribution Rate (cents per unit)
Taxable Income	2.32
Exempt Income	0.42
Capital Distribution	0.49
Total	3.23

Par value of units: Not meaningful

Tax Rate: Taxable Income Distribution

Qualifying Unitholders and individuals (other than those who hold their units through a partnership in Singapore or from the carrying on of a trade, business or profession) will generally receive pre-tax distributions. Individuals who derive any distribution through a partnership in Singapore or from the carrying on of a trade, business or profession will be taxed at the individual's tax rates.

Qualifying non-resident non-individual Unitholders will receive their distributions after deduction of tax at the rate of 10%.

All other Unitholders will receive their distributions after deduction of tax at the rate of 17%.

Exempt Income Distribution

Tax-exempt income distribution is exempt from Singapore income tax in the hands of all Unitholders.

Capital Distribution

Capital distribution represents a return of capital to Unitholders for Singapore tax purposes and is therefore not subject to income tax. For Unitholders who hold the Units as trading assets, the amount of capital distribution will be applied to reduce the cost base of their Units for the purpose of calculating the amount of taxable trading gains arising from the disposal of the Units.

- (c) Book closure date: 8 November 2019
- (d) Date payable: 4 December 2019
- 12 If no distribution has been declared/recommended, a statement to that effect.

Not Applicable.

13 If the group has obtained a general mandate from shareholders for IPTs, the aggregate value of such transactions as required under Rule 920(1)(a)(ii). If no IPT mandate has been obtained, a statement to that effect.

Parkway Life REIT has not obtained a general mandate from Unitholders for interested parties transactions.

14 Certification pursuant to Paragraph 7.3 of the Property Funds Appendix

The Manager hereby certifies that in relation to the distribution to the Unitholders of Parkway Life REIT for the quarter ended 30 September 2019:

- Parkway Life REIT will declare a distribution ("Distribution") in excess of its profits (defined as the total return for the period after tax before distribution for the purpose of this certification). The excess is mainly a result of differences between, Financial Reporting Standards ("FRS") and income tax rules, applied to certain items reported in the statement of total return; and
- 2. The Manager is satisfied on reasonable grounds that, immediately after making the Distribution, Parkway Life REIT will be able to fulfil from its deposited property, its liabilities as and when they fall due.

Parkway Life REIT's distribution policy is to distribute at least 90% of its taxable income and net overseas income, with the actual level of distribution to be determined at the Manager's discretion.

15 Confirmation pursuant to Rule 720(1) of the Listing Manual

The Manager hereby confirms that it has procured undertakings from all its directors and executive officers under Rule 720(1).

16 Confirmation pursuant to Rule 705(5) of the Listing Manual

CONFIRMATION BY THE BOARD PURSUANT TO RULE 705(5) OF THE LISTING MANUAL

We confirm that, to the best of our knowledge, nothing has come to the attention of the Board of Directors of Parkway Trust Management Limited (as Manager of Parkway Life REIT) which may render these unaudited interim financial results to be false or misleading in any material aspect.

On behalf of the Board of Directors of Parkway Trust Management Limited (as Manager of Parkway Life REIT)

Yong Yean Chau

Chief Executive Officer and Executive Director

Ho Kian Guan Chairman and Independent Director

PARKWAY LIFE REAL ESTATE INVESTMENT TRUST 2019 THIRD QUARTER UNAUDITED FINANCIAL STATEMENT & DISTRIBUTION ANNOUNCEMENT

This announcement may contain forward-looking statements that involve assumptions, risks and uncertainties. Actual future performance, outcomes and results may differ materially from those expressed in forward-looking statements as a result of a number of risks, uncertainties and assumptions. Representative examples of these factors include (without limitation) general industry and economic conditions, interest rate trends, cost of capital and capital availability, competition, shifts in expected levels of property rental income, changes in operating expenses, property expenses, governmental and public policy changes and the continued availability of financing in the amounts and the terms necessary to support future business.

You are cautioned not to place undue reliance on these forward-looking statements, which are based on the Manager's current view of future events.

Any discrepancies in the tables included in this announcement between the listed amounts and total thereof are due to rounding.

By Order of the Board Parkway Trust Management Limited (as Manager of Parkway Life REIT) Company Registration No. 200706697Z

Chan Wan Mei Company Secretary 31 October 2019

This announcement has been prepared and released by Parkway Trust Management Limited, as manager of Parkway Life REIT.

Important Notice

This Announcement is for information only and does not constitute an invitation or offer to acquire, purchase or subscribe for units in Parkway Life Real Estate Investment Trust ("**Parkway Life REIT**" and the units in Parkway Life REIT, the "**Units**").

The value of the Units and the income derived from them may fall as well as rise. The Units are not obligations of, deposits in, or guaranteed by, Parkway Trust Management Limited, as manager of Parkway Life REIT (the "**Manager**"), or any of its affiliates. Investors have no right to request the Manager to redeem their Units while the Units are listed. It is intended that unitholders of Parkway Life REIT may only deal in their Units through trading on Singapore Exchange Securities Trading Limited (the "**SGX-ST**"). Listing of the Units on the SGX-ST does not guarantee a liquid market for the Units. The past performance of Parkway Life REIT or the Manager is not necessarily indicative of the future performance of Parkway Life REIT or the Manager. An investment in Units is subject to investment risks, including the possible loss of the principal amount invested.